

acupuncture  together

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_

Have you had acupuncture before? \_\_\_\_\_

Occupation \_\_\_\_\_

Emergency contact name/phone \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Please tell us what we can help you with:

\_\_\_\_\_  
\_\_\_\_\_

Please list any hospitalizations or serious medical conditions that have required a doctor's care in the last 5 years:

\_\_\_\_\_  
\_\_\_\_\_

Please mark all that apply:

- epilepsy/seizures
- Hepatitis B or C
- HIV/AIDS

- bleeding disorder or hemorrhage
- fainting
- taking blood thinners

Is there anything else you would like us to know about you? \_\_\_\_\_

\_\_\_\_\_

## Informed Consent for Acupuncture Treatment

I understand that:

- If I need to be woken up at a certain time, I will let the acupuncturist know.
- I might be too relaxed to drive immediately after treatment.
- If other people's snoring bothers me, I will use earplugs or headphones.
- Community acupuncture involves actual community with a wide variety of people, and may require some flexibility, patience, and understanding.

I, the undersigned, hereby request and consent to treatment by acupuncture and/or other procedures within the scope of the practice of Oriental Medicine. I am hereby informed that the treatment methods are all generally safe but that there may be some side effects or risks.

### Potential Side Effects:

At the site of needle insertion there may be **soreness, numbness, tingling, bruising, swelling, or temporary nerve damage**. A person might also experience rare side effects such as weakness, fainting, spontaneous miscarriage, organ puncture, and infection - although Acupuncture Together uses only sterile, disposable needles and maintains a clean and safe environment. Acupuncture can cause aggravation of symptoms existing prior to acupuncture treatment and appearance of new symptoms.

The herbal and nutritional supplements recommended to me by my practitioner are generally safe in the traditionally recommended doses. Possible side effects of herbs include nausea, gas, stomach ache, diarrhea, and headache. Unusual side effects of herbs include vomiting, rashes, hives, and tingling of the tongue. I understand I must stop taking any herbs and notify my acupuncturist if I experience any discomfort or adverse reaction.

I understand that I have the right to refuse any part of the treatment. I understand that I can discuss risks and benefits further with my practitioner before signing if I so choose, although I do not expect my practitioner to be able to anticipate and explain all possible risks and complications of treatment. I rely on the practitioner to exercise his or her judgment in my best interest during the course of treatment, based upon the facts then known. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment with Acupuncture Together.

*I will notify the acupuncturist should I become pregnant or if I am in the process of trying to get pregnant as certain acupuncture points and herbs are contraindicated during pregnancy.*

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

**Form to be completed by Patient, Notifying the Acupuncturist of Whether He/She  
Has Been Evaluated by a Physician, and Other Information.**

(Pursuant to the requirements of 22 TAC §183.7 of the Texas State Board of Acupuncture Examiners' rules (relating to Scope of Practice and Tex. Occ. Code Ann., §205.351, governing the practice of acupuncture.)

I (patient's name) \_\_\_\_\_, am notifying the acupuncturists at Acupuncture Together of the following:

I have been evaluated by a physician or dentist for the condition being treated within 12 months before the acupuncture was performed, or I recognize that I should be evaluated by a physician or dentist for the condition being treated by the acupuncturist.

Yes  No

\_\_\_\_\_ (initials of patient) Date: \_\_\_\_\_

I have received a referral from my chiropractor within the last 30 days for acupuncture.

Yes  No

After being referred by a chiropractor, if after two months or 20 treatments, whichever comes first, no substantial improvement occurs in the condition being treated, I understand that the acupuncturist is required to refer me to a physician. It is my responsibility and choice whether to follow this advice.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date